

Spivey Karate

Training Tournaments Rules

1. General

- a. Spivey Karate reserves the rights of Admission and/or participation.
- b. Divisions may separate competitors by utilizing several factors such as sex, age, height, and weight. Incorrect registration will not receive refund.
- c. It is the responsibility of each Instructor, Coach, person in charged and or participants to know and understand the Rules of the Tournament.
- d. Spectators and Instructors are encouraged to cheer (positive), not jeer (negative).
- e. The attitude and conduct of spectators, instructors, and participants before, during and after competition should always reflect humility, respect, and restraint. Parents / Adults should remember that children and young adults reflect the authority figures around them.
- f. Martial Arts is not a sport. Training Tournaments seek to provide a controlled and safe environment where techniques are implemented at a high level, respect for others is displayed and an honorable “Warrior Spirit” is cultivated. Every competitor should self-reflect after competition to learn and improve.

2. Katas/Forms and Weapons

- a. Judges will use Open-Style Scoring, which does not account for correctness, but on techniques and performance. Critique starts from entering ring to leaving ring.
- b. Scoring for non-black belt divisions will start at 5.0; Black belt divisions will start at 6.0.
- c. All weapons should be in good working order for the safety of others in attendance.

3. Sparring

- a. Mouthguard and cup & supporter are required.
- b. No coaching is allowed once the division has been called to line-up for competition.
- c. Sparring is a game of tag with light contact.
- d. Point required to win the match are based on belt rank on the list below:
 - i. If division has a sufficient number of competitors, divisions will be based on age, rank and male/female.
 - ii. If division participation is low then the following handicap scoring system will be used:
 1. If two competitors are of equal rank, the first competitor to three (3) points wins.
 2. If two competitors are not of equal rank, the lowest rank must score two (2) points and the other must score additional points for each rank higher than the competitors’ rank.

Kyu	Belt Color	Estimated Training Time	Level	White	Yellow	Orange	Green	Red/Brown	Black
12-11	White	3 months	Novice	3	←2/↑3	←2/↑4	←2/↑5	←2/↑6	←2/↑7
10-9	Yellow	6 months	Beg	←3/↑2	3	←2/↑3	←2/↑4	←2/↑5	←2/↑6
8-7	Orange	9-12 months	Adv. Beg.	←4/↑2	←3/↑2	3	←2/↑3	←2/↑4	←2/↑5
6-4	Green	1-2 years	Inter.	←5/↑2	←4/↑2	←3/↑2	3	←2/↑3	←2/↑4
3-1	Red/Brown	2+ years	Adv.	←6/↑2	←5/↑2	←4/↑2	←3/↑2	3	←2/↑3
	Black			←7/↑2	←6/↑2	←5/↑2	←4/↑2	←3/↑2	3

- e. There will be a minimum of three (3) Judges with two (2) required to call a point, even if there are up to five (5) Judges.
- f. Judges are only to call points that they directly see.
- g. One foot in ring required for kicks and punches, even if opponent is out of ring.
- h. Techniques allowed:
 - i. Side of head, top of head
 - ii. Front and side of body
 - iii. Pulled punches and kicks to the head only
 - iv. Shin kicks (rear-leg only) to body
 - v. Knee to body counts (red belt+)
- i. Techniques Prohibited or that do not count:
 - i. No stationary lead hand punch to the body for ages 8+
 - ii. Blocks used to attack
 - iii. Kicks or punches that just go over the head
 - iv. Finger or claw strikes
 - v. Elbows
 - vi. Sweeps, ground techniques or throws
 - vii. Below the belt
 - viii. Face contact (judgement call) or back of head
 - ix. Blind techniques
- j. Excessive or illegal targets/techniques will be called immediately and may receive a warning or disqualification. All warnings carry forward to proceeding matches.