

# ***SPIVEY KARATE CLASS SCHEDULE, BY TIME***

| <b>DAY</b>                | <b>TIME</b>  | <b>SUBJECT</b>                          | <b>AGE GROUP</b>   |
|---------------------------|--------------|---|--------------------|
| <b>Monday</b>             | 6:00-6:45    | Family Karate                           | 8 years old and up |
|                           | 6:45-7:05    | Black Belt Club (weapons)               | 8-year-old and up  |
|                           | 7:05-7:35    | Masters Class                           | 8-up               |
| <b>Tuesday</b>            | 5:15-6:00PM  | Tai Chi                                 | 10-up              |
|                           | 6:00-6:45    | Karate *                                | 8 to 12 years old  |
|                           | 6:45-7:05    | Black Belt Club (weapons) *             | 8 years old and up |
|                           | 7:05-7:50    | Karate *                                | Teen/adult         |
| <b>Wednesday</b>          | 5:30-5:50 PM | Lil' Dragons Karate *                   | 4 to 5 years old   |
|                           | 5:50-6:20    | Karate Kids *                           | 6 to 7 years old   |
|                           | 6:20-7:05    | Family Karate *                         | 8 years old and up |
|                           | 7:05-7:25    | Kobudo (traditional Okinawan weapons) * | 8 years old and up |
|                           | 7:25-7:55    | Masters Class                           | 8-up               |
| <b>Thursday</b>           | 5:15-6PM     | Tai Chi                                 | 10-up              |
|                           | 6:00-6:45    | Karate                                  | 8 to 12 years old  |
|                           | 6:45-7:05    | Black Belt Club (Chito Ryu) *           | 8 years old and up |
|                           | 7:05-7:50    | Karate                                  | Teen/adult         |
| <b>Friday</b>             | 5:30-5:50 PM | Lil' Dragons Karate                     | 4 to 5 years old   |
|                           | 5:50-6:20    | Karate Kids                             | 6 to 7 years old   |
|                           | 6:20-7:05    | Family Karate                           | 8 years old and up |
|                           | 7:05-7:25    | Black Belt Club (Chito Ryu)             | 8 years old and up |
| <b>Saturday</b>           | TBD          | Special Events                          |                    |
| <b>17 Saturdays a yr.</b> | 12:30-2:30   | Kobudo seminars                         | 10-up              |
|                           |              |   |                    |

\* indicates class schedule may change on quarterly rank advancement days & retest

**Bold indicates recent change**

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